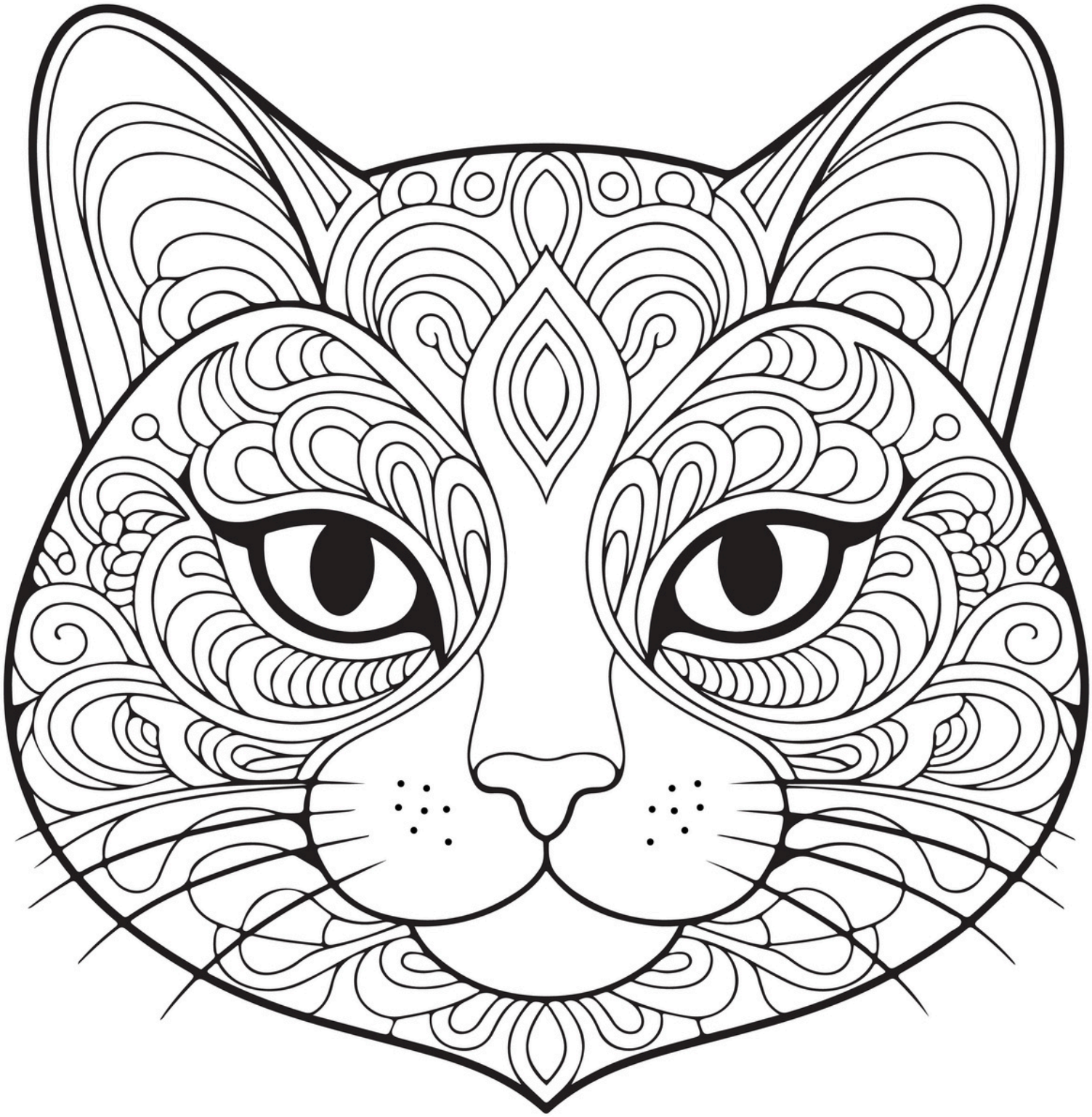

Bild: Shutterstock, Canva